

HOW TO WASH YOUR HANDS EFFECTIVELY?

20 seconds is enough



Use soap



Palms



Back of the hands



Thumbs



Intertwined fingers



The top of the fingers



Wrists



Rinse off



Dry your hands

versum

HOW TO DISINFECT YOUR HANDS EFFECTIVELY?

Use a disinfectant that contains at least 60% of alcohol.
Apply enough formula to completely wet your hands.



Palms



Back of the hands



Thumbs



Intertwined fingers

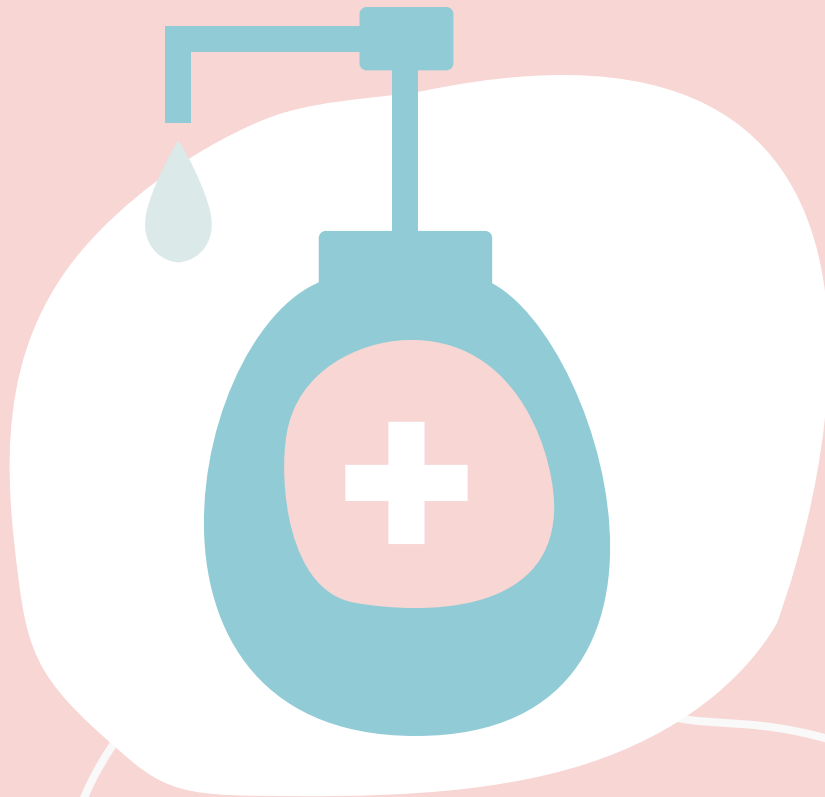


The top of the
fingers



Dry your hands

DISINFECTANT



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PUT ON YOUR FACE COVERING
BEFORE COMING IN



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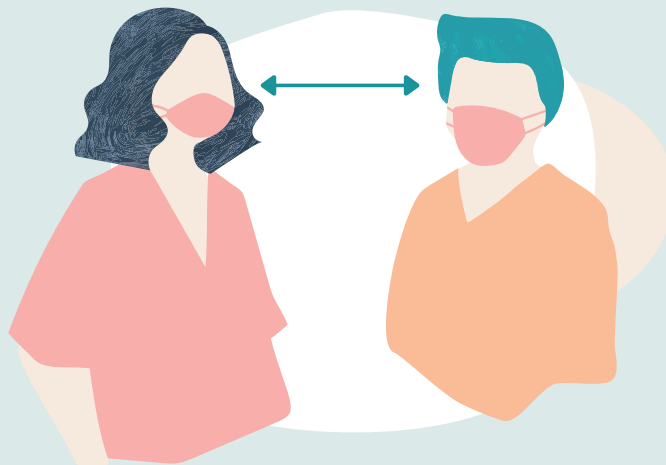
COVER UP YOUR NOSE
AND MOUTH



DISINFECT YOUR HANDS



LET US KNOW IF YOU
FEEL UNWELL



KEEP A SAFE DISTANCE

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